

SUSA RG
SUSA RODRÍGUEZ - GARRIDO

REMEMBER THIS FEELING

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susa rodriguez-garrido

Artist, curator, publisher and founder of Agama Art Publishing & Agency
susargart.com

REMEMBER THIS FEELING EXHIBITION

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Remember this Feeling is an exhibition of a series of sculptures, installations and audio-visual media art about **dualism** and the philosophical theory that the mental and the physical, the mind and the body, are, in some sense, radically different kinds of concepts. They are distinct and separable.

The exhibition also reflects on Plato's theory of the soul, inspired by the teachings of Socrates, which believes the psyche to be the essence of a person, being that which decides how people behave. Plato considered this essence to be an incorporeal and an eternal inhabitant of someone's being. He said that even after death, the soul exists and is able to think and he believed in the transmigration of the soul, when the bodies die, the soul is continually reborn in successive bodies.

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Throughout my pieces, I would like to portray the *essence of a person*, how people behave the way that they do, how they understand the world, why they do what they do and to analyse the idea of change through meditation, through becoming a better *self*. Perhaps the idea of the transmigration of the soul, the continual rebirth of it can help in achieving your goal. If you cannot reach it in this lifetime, you will have another opportunity in the next soul but you must always strive to make improvements in any lifetime.

The exhibition has been divided into three parts, the same way that Plato divided the soul: the reason, the spirit and the appetite. In one part, there are the sculptures, the main feature of the exhibition (reason); in another, the installations (spirit) and finally, the audio-visual media, including photography, video and music (appetite).

According to Plato, the three parts correlate to the three classes of a society: the rulers, the military and the citizens. The purpose of the reason is to rule (rulers), the purpose of the spirit is to obey the commands of the reason (military) and the function of the appetite is to pursue pleasure (citizens).

The sculptures function as the rulers guiding the others into learning about the *self*. The floral installation functions as the spirit and the audio-visual media as the appetite.

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The sculptures consist of four seated beings and one erect being. The seated beings are in a contemplative position with headphones and with flowers, leaves and butterflies located in a circle with the erect being with wings watching over them as a guiding figure.

The floral installation will be hanging in a triangular form from the ceiling, located in the centre of the seated beings.

The photographs will be placed on the walls around the sculptures and in the centre on the wall, the video will be projected. Atmospheric music will be played to enhance and complement the meaning of the theme.

The use of white and purple has a symbolic meaning of purity and women's empowerment and femininity. Purple has always been associated with wealth, luxury, power, femininity, spirituality, mystery and love. During the Woman Suffrage Movement purple and white were used as one of their symbols with white representing purity, transparency and honesty.

In many cultures, butterflies are a symbol of purity, freedom, the personification of a human's soul, love and rebirth. It was thought that these incredible animals showed resistance and strength of the soul and that they went through a time of darkness eventually appearing more beautiful. The flowers on the sculptures embody beauty, freshness and have the ability to express so many emotions and feelings that words cannot convey. They have been used here as a vehicle to communicate the emotions of the sculptures and their soul.

The triangular shape of the floral installation above the sculptures illustrates balance, strength and stability pointing to the Universe, yearning for eternity. The three sides of the triangle represent the body, the mind and the spirit and to attain a state of enlightenment, harmony and peace it is paramount that all of these sides are balanced.

Creating paints from scratch is my own interpretation of emulating nature, a tribute to the immense beauty that nature offers us every day piercing our soul. It is my unique way to reach the Universe, to be less separate from each other and to find a point of convergence between the earthly and the universal, the mind and the soul. To reach one's inner self and to unify the three classes. The colour purple, used on the feathers, butterflies, flowers and leaves was created from scratch using organic materials, such as tea and fruit. I combined these elements with a gold acrylic colour to give it a bright and distinguished colour.

SCULPTURES

Materials and Dimensions

Four seated sculptures and one standing up.

The seated beings are made of fiberglass, chicken net for the headphones and aluminium for the butterflies and flowers.

The wings are made of wire, chicken net and aluminium for the butterflies.

The wings are wire covered with aluminium feathers.

Seated beings: 1m 30cm (up to the headphones) x 38cm (seat) x 46cm (legs).
Seated being with wings: 1m 26cm x 38cm (seat) x 46cm (legs) x 1m 06cm (wings length) x 38cm (wings width).

Erect being: 2m 07cm x 46cm (no wings) x 1m 63cm (wings length) x 30cm (wings width).

Year: 2021 and 2022.



INSTALLATION

Materials and Dimension

A floral installation.

The flowers will be hanging from the ceiling in a triangular shape right on top of the four seated sculptures.

Dimensions: depending on ceiling to floor height (of gallery).

Medium/Materials: nylon thread, prepared flowers (flamboyant and bougainvillea) and leaves (masquerade tree).

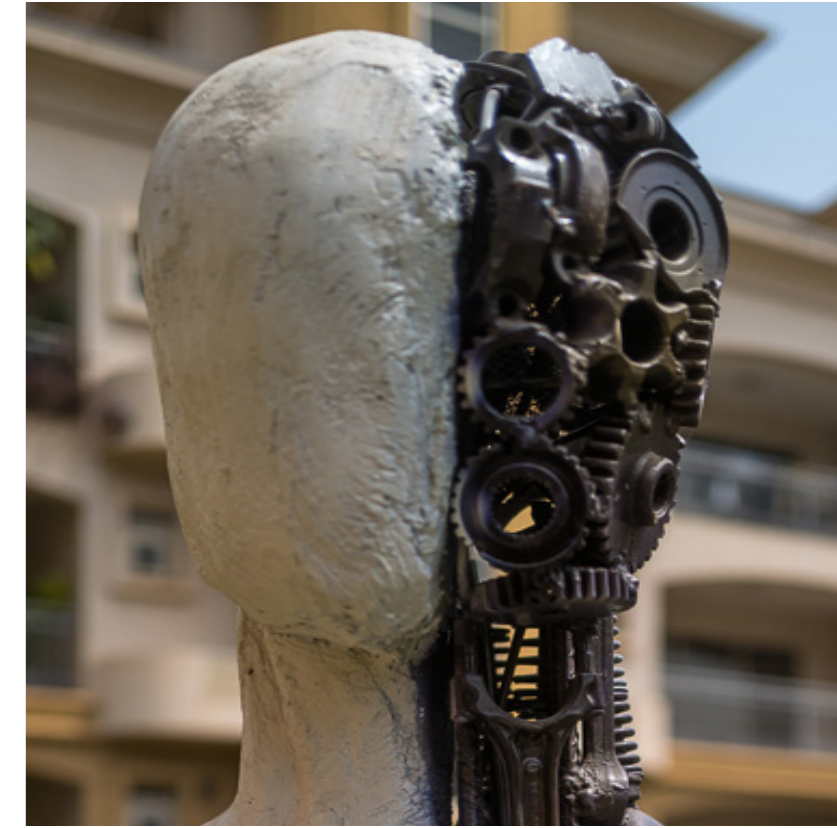
Year: 2021.





AUDIO-VISUAL MEDIA ART

This consists of photography, video and music. There will be a series of photographs around the sculptures, videos about the work and atmospheric music to enhance the theme.



The Photographs

The following is an example of the photographs that are going to be displayed. I will also include some images for the work in-progress to give an idea of how I worked to produce these sculptures.



EXHIBITION

The exhibition *Remember this Feeling* by Susa RG took place from 30th March to 8th April at The Matrix Gallery of Contemporary Art in Abuja, Nigeria.





ABOUT SUSA RG

PROFILE & STATEMENT.

“My vision is to release people’s creativity, to enhance curiosity and to make them smile.”



I am interested in art and designs that have an originality and a quirkiness to them, so they can represent my identity and ignite curiosity wherever they are.

I am interested in enhancing creativity and making people smile and think with my creations so they communicate those emotions when I created them.



Susa Rodríguez-Garrido (artistically known as Susa RG) is an artist, curator, art representative and art publisher, who collaborates very closely with many art associations internationally, cultural hubs, humanitarian organisations, galleries and various Diplomatic Missions organising art exhibitions, talks, workshops, auctions and cultural events.

She has participated as a panelist for several events raising awareness about social issues with an art perspective.

She has extensive experience working in the art and the art publishing worlds in London, UK, and has exhibited and curated several exhibitions internationally. She founded Agama Art Publishing & Agency Ltd, in 2018, an independent art publishing company and agency that represents and promotes African artists.

She has published her book Abuja Buildings in October 2021. She currently lives between Abuja, Nigeria, London, UK and Vigo, Spain.



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