



SUSA RG

REMEMBER THIS FEELING
EXHIBITION

30th March - 8th April 2023

Matrix Gallery of Contemporary Art
Abuja, Nigeria

SUSA RG
SUSA RODRIGUEZ - GARRIDO



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Susa Rodríguez-Garrido (pp. cover, 2, 8, 9, 11, 14, 18, 24, 25, 28, 30 [edition])

Silas Nandom (p. 30)

PRINTER

Most Higher than Media, Abuja

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FOREWORD

Dear art enthusiasts,

It is my great pleasure to introduce the solo exhibition of Susa Rodriguez-Garrido, a talented artist, curator, and publisher whose latest work explores the fascinating philosophical theory of dualism. **Remember this Feeling** is a captivating exhibition that features a series of sculptures, installations, and audio-visual media art that examine the relationship between the mind and the body.

The exhibition's theme, **Remember this Feeling**, invites us to contemplate the nature of existence and the complexities of the human experience. Through her art, Garrido, explores the idea that the mind and body are radically different kinds of concepts, distinct and separable entities.

Drawing inspiration from Plato's theory of the soul, the artist inspects the idea that the psyche is the essence of a person,

an eternal inhabitant that influences how individuals behave. Plato considered this essence to be an eternal entity that survives even after death, with the possibility of transmigration of the soul, where the soul continually reborn in successive bodies.

Susa's artwork is not only visually striking, but it also carries a strong message that resonates with all of us. The exhibition is a reflection of her exploration of the complexities of human emotions, thoughts and experiences. Her art pieces encourage us to delve into the realms of metaphysics and question our perceptions of the world.

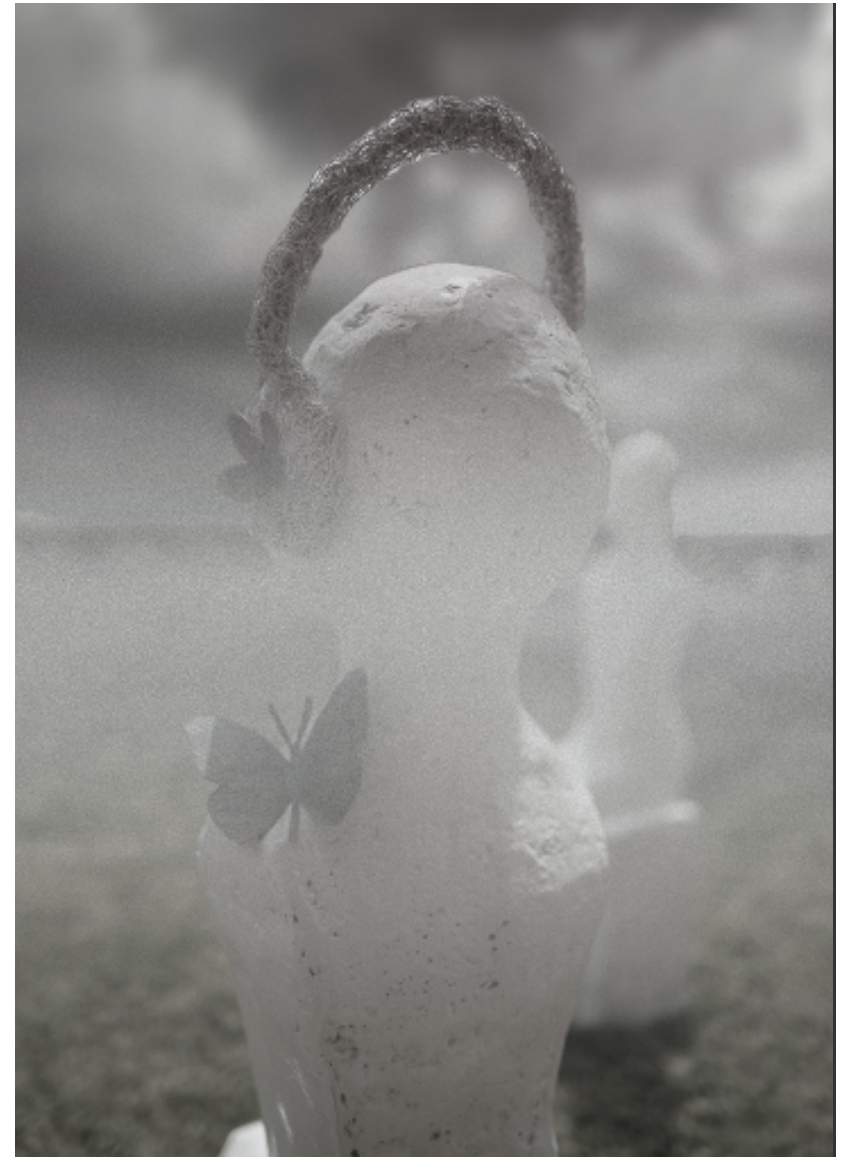
Each art piece in the exhibition is carefully crafted to evoke an emotional response and stimulate our senses. The sculptures and installations draw on a range of materials, including concrete, metal scraps, aluminium and flowers, to create dynamic and engaging pieces that incite viewers to reflect on their own experiences.

The audio-visual media art featured in the exhibition provides a multi-sensory experience that immerses viewers in the world of dualism. The carefully selected sounds and visual elements enhance the exhibition's theme and provides a cohesive and intriguing experience.

As a good friend of Susa and the curator of this exhibition, I have had the pleasure of witnessing the process and progress of these pieces. She has a unique ability to create art that connects with people on a deep level, and this exhibition is a testament to her talent and creativity.

In conclusion, I am honoured to present this exhibition to art enthusiasts, and I encourage you to immerse yourself in the thought-provoking world of *Remember this Feeling*.

OLORUNYEMI
ARTIST & FRIEND **KOLAPO**
CURATOR OF
REMEMBER THIS FEELING





ABOUT

MATRIX GALLERY OF CONTEMPORARY ART

The Matrix Gallery of Contemporary Art exhibits works of art from a diverse group of established and emerging artists from around the globe. It provides the artists and the community opportunities for direct involvement in art exchange programmes and events, while cultivating an environment that nurtures creativity and intellectual growth.

Our goal is to support the development and promotion of art in Nigeria with high-quality exhibitions that inform and deepen its appreciation. Our aim is to develop meaningful interactions between artists and community audiences through educational opportunities and experiences - driven by arts professionals.

The gallery exhibits artworks that manifest a range of concepts, styles, media and a diversity of artists (gender, race, perspectives), whose works inform, inspire



MATRIX GALLERY OF CONTEMPORARY ART

and challenge the community to see the world from an entirely different perspective.

The space serves as a dynamic resource centre for collectors, art students. It is most truly, an important art destination to residents and visitors to Abuja, the Federal Capital Territory.

The Matrix Gallery of Contemporary Art is delighted and honoured to exhibit the works of Susa RG (Susa Rodriguez-Garrido), an artist, curator, publisher and art representative whose unique creative view, talent and ingenuity strongly and fully match our goal, aim and vision.



AGAMA ART PUBLISHING & AGENCY



Agama Art Publishing and Agency Ltd.

was founded by Susa Rodríguez-Garrido, in 2018, to promote African artists and to encourage them to express their enormous talent and creativity.

Agama Art Publishing and Agency Ltd. is an independent publisher and agency that promotes African artists through books, e-Books and catalogues about African art, photography, architecture, sculpture, design and fashion that irradiate creativity, imagination, thoughts and education.

We also represent artists endorsing them through exhibitions, events, seminars, talks, etc. We select and publish the most brilliant African artists, bringing them to life in dynamic ways, print and digital, for readers all around the world.



REMEMBER THIS FEELING

Remember this Feeling is an exhibition of a series of sculptures, installations and audio-visual media art about **dualism** and the philosophical theory that the mental and the physical, the mind and the body, are, in some sense, radically different kinds of concepts. They are distinct and separable.

The exhibition also reflects on Plato's theory of the soul, inspired by the teachings of Socrates, which believes the psyche to be the essence of a person, being that which decides how people behave. Plato considered this essence to be an incorporeal and eternal inhabitant of someone's being. He said that even after death, the soul exists and is able to think and he believed in the transmigration of the soul, when the bodies die, the soul is continually reborn in successive bodies.

Throughout my pieces, I would like to portray the essence of a person, how people behave the way that they do, how they understand the world, why they do what they do and to analyse the idea of change through meditation, through becoming a better self. Perhaps the idea of the transmigration of the soul, the continual rebirth of it can help in achieving your goal. If you cannot reach it in this lifetime, you will have another opportunity in the next soul but you must always strive to make improvements in any lifetime.

The exhibition has been divided into three parts, the same way that Plato divided the soul: the reason, the spirit and the appetite. In one part, there are the sculptures, the main feature of the exhibition (reason); in another, the installations (spirit) and finally, the audio-visual media, including photography, video and music (appetite).

THE THEME

REMEMBER THIS FEELING

According to Plato, the three parts correlate to the three classes of a society: the rulers, the military and the citizens. The purpose of the reason is to rule (rulers), the purpose of the spirit is to obey the commands of the reason (military) and the function of the appetite is to pursue pleasure (citizens).

The sculptures function as the rulers guiding the others into learning about the self. The floral installation functions as the spirit and the audio-visual media as the appetite.

The sculptures consist of four seated beings and one erect being. The seated beings are in a contemplative position with headphones and with flowers, leaves and butterflies located in a circle with the erect being with wings watching over them as a guiding figure.

The floral installation is hanging in a triangular form from the ceiling, located in the centre of the seated beings.

The photographs will be placed on the walls around the sculptures and in the centre on the wall, the video will be projected. Atmospheric music will be played to enhance and compliment the meaning of the theme.

The use of white and purple has a symbolic meaning of purity and women's empowerment and femininity. Purple has always been associated with wealth, luxury, power, femininity, spirituality, mystery and love. During the Women's Suffrage Movement purple and white were used as one of their symbols with white representing purity, transparency and honesty.





In many cultures, butterflies are a symbol of purity, freedom, the personification of a human's soul, love and rebirth. It was thought that these incredible animals showed resistance and strength of the soul and that they went through a time of darkness eventually appearing more beautiful. The flowers on the sculptures embody beauty, freshness and have the ability to express so many emotions and feelings that words cannot convey. They have been used here as a vehicle to communicate the emotions of the sculptures and their soul.

The triangular shape of the floral installation above the sculptures illustrates balance, strength and stability pointing to the Universe, yearning for eternity.

The three sides of the triangle represent the body, the mind and the spirit and to attain a state of enlightenment, harmony and peace it is paramount that all of these sides are balanced.

Creating paints from scratch is my own interpretation of emulating nature, a tribute to the immense beauty that nature offers us every day piercing our soul. It is my unique way to reach the Universe, to be less separate from each other and to find a point of convergence between the earthly and the universal, the mind and the soul. To reach one's inner self and to unify the three classes. The colour purple, used on the feathers, butterflies, flowers and leaves was created from scratch using organic materials, such as tea and fruit. I combined these elements with a gold acrylic colour to give it a bright and distinguished colour.

REMEMBER THIS FEELING

ARTIST

"MY VISION IS TO
RELEASE PEOPLE'S
CREATIVITY & TO
ENHANCE CURIOSITY
WITH MY WORK."



SUSA RG

Susa Rodríguez-Garrido is an artist, curator, art representative and art publisher, who collaborates very closely with many art associations internationally, cultural hubs, humanitarian organisations, galleries and various Diplomatic Missions organising art exhibitions, talks, workshops, auctions and cultural events.

She has participated as a panelist for several events raising awareness about social issues with an art perspective.

She has extensive experience working in the art and the art publishing worlds in London, UK, and has exhibited and curated several exhibitions internationally. She founded Agama Art Publishing & Agency Ltd, in 2018, an independent art publishing company and agency that represents and promotes African artists.

She has published her book *Abuja Buildings* in October 2021.

SCULPTURES

Materials and Dimensions

Four seated sculptures and one standing up.

The seated beings are made of fibreglass, chicken net for the headphones and aluminium for the butterflies and flowers.

The wings are made of wire, chicken net and aluminium for the butterflies.

The erect being is made of concrete and metal scraps from cars.

The wings are wire covered with aluminium feathers.

Seated beings: 1m 30cm (up to the headphones) x 38cm (seat) x 46cm (legs).

Seated being with wings: 1m 26cm x 38cm (seat) x 46cm (legs) x 1m 06cm (wings length) x 38cm (wings width).

Erect being: 2m 07cm x 46cm (no wings) x 1m 63cm (wings length) x 30cm (wings width).

Year: 2021 and 2022.



FLORAL INSTALLATION



Materials and Dimensions

A floral installation.

The flowers are hanging from the ceiling in a triangular shape right on top of the four seated sculptures.

Dimensions: depending on ceiling to floor height (of gallery).

Medium/Materials: nylon thread, prepared flowers (flamboyant and bougainvillea) and leaves (masquerade tree).

Year: 2021.

AUDIO-VISUAL MEDIA ART

The exhibition consists also of photography,
video and music.

A series of photographs around the
sculptures, videos about the work and
atmospheric music will enhance the theme.

MUSIC

PHOTOGRAPHY

VIDEO



CONTACT

If you would like to:

- set up an exhibition or art event,
- commission me or other artists that I represent for a seminar, talk, presentation, party or
- have your artwork assessed and valued,
- purchase artwork.

Please contact me:

Susa Rodríguez-Garrido

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and Founder of Agama Art Publishing & Agency

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